

Leisure Club Rules

We kindly request that all Leisure Club users follow and respect the following Leisure Club Rules; these rules do make up part of the terms and conditions of your membership agreement. Any breach of these rules will be dealt with in line with the membership agreement.

General

- All children under the age of 16 must be accompanied by a responsible adult (aged 18+) in all areas of the Leisure Club.
- All users of the Leisure Club must read the PARQ prior to use.
- Vaping / Smoking in any area of the Leisure Club is strictly forbidden. Anyone doing so will have their membership cancelled with immediate effect.
- The use of offensive and/or abusive language directed at other Leisure Club users or staff will not be tolerated.
- Members must bring their membership card to be swiped at the reception upon each visit. Lost cards can be replaced for a £5 charge.
- Our opening times, unless otherwise stated, are:
 - Monday to Friday 6:00am – 10:00pm
 - Saturday & Sunday 8:00am – 9:00pm

The closing time is the time in which you must be leaving the club. To ensure all users of the facilities are out of the club by this time we will begin closing down the wet facilities (Swimming Pool, Sauna & Steam Room) 15 minutes prior to closing. Anyone leaving the club after closing time will be required to hand their membership card to the team members on duty that night.

- Our swimming times for children under 16 years old, unless otherwise stated, are:
 - Monday to Sunday 8:00am – 8:00pm

Children must leave the poolside area with their responsible adult, no later than 8pm

Pool & Poolside

- Appropriate swimwear must be worn at all times when using the wet facilities. For advice on what appropriate swimwear includes please consult a member of our team.
- We operate a strict adult to child ratio of 1 adult for every 2 children (under the age of 16 years old).
- Any child under the age of 16 must be accompanied in the water with their responsible adult at all times.
- There is strictly No Diving and No Jumping into our pool, it is only 1.2m deep and so dangerous to jump or dive in.
- Children under the age of 8 years old are not permitted to use the Sauna, Steam or Spa Pool.
- Children aged 8-16 years are permitted to use the Spa Pool, Sauna and Steam Room – however, their responsible adult must be present at exactly the same time.

- The use of mobile phones, tablets, laptops or any other electrical device or camera is forbidden on the poolside. If you are found to be using such a device you will be asked to delete any photos taken and put your item in your locker.
- Eating on poolside is not allowed. Any food items found on poolside will be thrown away.
- The use of glass bottles around poolside is strictly forbidden.

Gymnasium

- Children under the age of 16 years old are not permitted to use any aspect of the gymnasium.
- In the interest of hygiene we provide alcohol wipes for you to wipe down equipment after use.
- Due to different strength abilities between users, we kindly request that all weights are return to the rack after use.

Changing Rooms

- Boys aged 8 years and over are not permitted in the female changing rooms.
- Girls aged 8 years and over are not permitted in the male changing rooms.
- All towels provided by the Leisure Club must be returned to the towel drop next to the reception area. Please do not leave them in the changing rooms.
- Leaving items in a locker after you leave the Leisure Club is permitted but you must arrange this with the Club Manager, as there is a charge for doing so.
- Any lockers that are used for this purpose but not agreed by Club Management will be opened and have their contents removed.

We thank you for your co-operation, if you have any questions regarding these club rules please do not hesitate to contact Club Manager, Paul Smith, via email on paul.smith@thequaysleisureclubsheffield.co.uk

Health & Regards

Paul Smith
Leisure Club Manager