

Castle Green Gym Disclaimer

You should always consult your physician or other healthcare provider before changing your diet or starting an exercise program.

I understand that there is a risk of injury associated with participating and using Castle Green Gym at the Jo Richardson Community School.

I hereby assume full responsibility for any and all injuries, losses and damages that I incur while attending, exercising or participating in Castle Green Gym. I hereby waive all claims against Castle Green Gym, its instructors, or partners of individually or otherwise, for any and all injuries, claims or damages that I might incur.

Please fill out all details below in clear **BLOCK CAPITALS**

First Name	<input type="text"/>
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Surname	<input type="text"/>
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Address	<input type="text"/>
Post-code	<input type="text"/>

Telephone No.	<input type="text"/>
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Signed	<input type="text"/>
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Date	<input type="text"/>
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